

The XLS and SXW versions allow you to enter values on-screen. This version is manual (ie. pencil/pen)

		Hourly Target:	500			Start:	09:00
End Time	New Words	Running Total (RT)	Progressive Target	Actual Target (Prev RT + 500)	+/-		
09:00			500				
10:00			1000				
11:00			1500				
12:00			2000				
13:00			2500				
14:00			3000				
15:00			3500				
16:00			4000				
17:00			4500				
18:00			5000				
19:00			5500				
20:00			6000				
21:00			6500				
22:00			7000				
23:00			7500				